



# Shrewsbury Community Newsletter

A Borough of Shrewsbury Publication

January 2010

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Website at

[www.shrewsburyboro.com](http://www.shrewsburyboro.com)

## *Shrewsbury First Aid Squad Announces Nomination of Jack Connors For NJ EMS Lifetime Achievement Award*

Jack Connors, a member of Shrewsbury's First Aid Squad since 1964 was nominated at the 2009 New Jersey EMS Awards Dinner held in Atlantic City on November 13. During his tenure, Jack as served as Captain, President, First and Second Lieutenant, Engineer and Vice President. All totaled, Jack has served in an elected position 36 of his 45 years and has served as a Trustee for 30 of his 45 years. In addition, Jack has been an EMT instructor for over 20 years, training over 400 EMTs and has instructed Shrewsbury's eighth graders in CPR for 34 years, covering over 1,200 eighth graders. Congratulations Jack on your well deserved nomination!

## **Shrewsbury First Aid Squad Offers CPR Training**

Shrewsbury's First Aid Squad continues to offer residents of Shrewsbury free CPR classes. During November, 12 residents were trained. CPR classes will be offered on January 12, February 9 and March 9 starting at 6:45 at the First Aid building, located on the corner of Haddon Ave. and Laurel St. Email: [sfacpr@gmail.com](mailto:sfacpr@gmail.com) if interested.

## **Shrewsbury First Aid Squad Renovates Building**

The Shrewsbury First Aid Squad's building underwent renovations during 2009. As part of a Boy Scout Eagle project, the First Aid building's kitchen was gutted and renovated. New cabinets, appliances and tile floor were installed by first aiders, scouts and scouters. In addition, first aiders freshened up the building's conference room by painting, and installing new ceiling tile and carpeting. Ceiling tiles were donated by Monmouth Building Supply and carpeting was donated by Marriott Corporation.

## *Census 2010*

The United States Census Bureau will be setting up a Questionnaire Assistance Center (QAC) at the Shrewsbury Municipal Complex to assist Shrewsbury residents in completing Census 2010 Questionnaire. The QAC will be staffed by a member of the Census Bureau. They anticipate staffing the space approximately 15 hours a week during the period of March 19, 2010 through April 19, 2010 between 1:00 pm and 4:00 pm.

## **Newsletter Articles Wanted**

Anyone interested in having an article published in the next issue, please contact Izzy Grieco at 732.741.4200, x106 or email at [igrieco@shrewsburyboro.com](mailto:igrieco@shrewsburyboro.com). All local groups and organizations are encouraged to submit articles.

## Shrewsbury Residents - Major Changes in Recycling and Bulk trash Collection Schedule

### **NORMAL GARBAGE COLLECTION SCHEDULE REMAINS THE SAME**

Starting January 1, 2010 the following changes will be made to your recycling and bulk trash collection schedules:

#### Recycling

All recycling will be collected on the 1<sup>st</sup> & 3<sup>rd</sup> Wednesday for ZONE 1 and 2<sup>nd</sup> & 4<sup>th</sup> Wednesday for ZONE 2; this includes newspapers, bottles and cans, plastics, junk mail (mixed paper) and cardboard. All items are to be placed curbside. All recycled material may be intermixed in the same can not to exceed 50lbs per can. In the event of a fifth Wednesday, there will be no collection.

#### Bulk Trash

Bulk trash will be collected town wide, on the first Wednesday of March, June, September, and December. For more detail visit our website [shrewsburyboro.com](http://shrewsburyboro.com) or contact the Shrewsbury DPW at 732-741-0522.

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### *Shrewsbury DPW Gets a New Loader*

The Shrewsbury DPW is proud to present the newest addition to our fleet, a 2009 JCB Wheel Loader. This loader will be used for everything from brush collection, leaf collection, snow removal and maintaining our compost facility. The best part about this machine, beside increasing our productivity, is that fact that it was purchased using recycling funds and no tax dollars were expended for its acquisition.

Please remember that we do not collect brush in the winter months and that brush collection will resume again in April. This helps keep the roads clear in case of a snow or ice event. In the event of a severe storm, brush may be collected but look for notification on the firehouse marquee and the borough website before placing anything curbside.



*Bob Wentway, DPW Manager*

## *Tree Lighting*

The residents of Shrewsbury Borough officially welcomed the holiday season on Sunday, Dec. 6, with a traditional Christmas Tree Lighting. The celebration began at 4:30 p.m., as luminaria bags, decorated by the children at Shrewsbury Borough School, lined the entryway to the Municipal Complex. Everyone warmed up with hot drinks and baked goodies in the courtyard. Santa Claus arrived at 5pm to greet the children and hear Christmas wishes. Mr. Clar, and the SBS Band & Chorus got everyone in a festive mood with a holly, jolly melody of songs, while the Kindergarten and First Graders sang Christmas songs in the Gazebo. The Christmas Tree was lit at 5:30 pm by the Merola family, winners of the SPTG “Light the Tree” auction item.

In the spirit of the season, this event was sponsored by the Grove, with various volunteer and community organizations donating time and energy: the Recreation Committee, Fire Department, Police Department, Shrewsbury Garden Club, the Mayor and Council, as well as Shrewsbury Girl Scout and Boy Scout Troops. Donations were received from Partyland, Ye Olde Pie Shoppe, Starbucks, Dunkin Donuts, and Platypus.

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## *Boy Scouts*

The Boy Scout program in Shrewsbury is celebrating a momentous occasion this January 2010, as Troop 50 / Pack 50 was officially chartered January 1935, marking 75 years in the Borough. Current leaders would like to thank the Borough of Shrewsbury, as well as the Presbyterian Church at Shrewsbury (our sponsoring organization) for all the years of support that we have received, enabling a quality program. We’ve tried to show our appreciation through numerous service projects throughout the year. Separately, we’d like to thank all residents that helped to make our annual Scouting for Food Drive another success, having collected over 2300 items. We remind those who can to continue to support local food banks throughout the year as their needs are unfortunately at record levels during these hard times. We’d also like to thank all residents that purchased wreaths from a boy scout during the holidays. This is our main fundraiser and it helps to fund our program, including sending over 20 scouts to camp each summer.

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## *Random Acts of Beauty & Shrewsbury Garden Club*

The Shrewsbury Garden Club presented an award, *Random Acts of Beauty* to Metrovation of Red Bank for the creation of a wonderful organic produce garden right in front of the shops at their property, The Grove West.

The award, *Random Acts of Beauty*, is a Garden Club of New Jersey initiative to recognize those people or businesses that have created an exceptionally beautiful garden that the public can enjoy. Shrewsbury Garden Club’s President Renee Waite presented Chris Cole, Managing Partner of Metrovation this award, while a Certificate of Merit was presented to Chris by the State President of the Garden Club of New Jersey, Mary Warshauer. In the past, the *Random Acts of Beauty* award has also been presented to Nick Ford of Athlete’s Alley for the beautiful display of spring flowers.

The Grove West garden was started just a year ago and includes a project called “From Seed to Need.” Proceeds from the sale of organic produce raises funds for local charities i.e., Crop Walk for Hunger and the Food Bank of Monmouth & Ocean counties, while providing locals with fresh vegetables, fruits, herbs and flowers. The project also partners with Rumson Country Day School. Students learned to plant and maintain the garden, harvest vegetables and sell the produce.

Robin Blair - Chair, *Random Acts of Beauty* award

## *Shrewsbury Community Alliance for the Prevention of Alcohol and Drug Abuse*

Happy Holidays to you and yours! Let's hope that 2010 brings joy and good health to everyone in our community.

### **Events/programs worthy of note:**

#### **(1) Passage of a new law affecting teens – “ 911 Lifeline Legislation”**

Each year, over 5,000 people under the age of 21 die as a result of underage drinking. In New Jersey, 27% of high school students have engaged in binge drinking one or more times in the last 30 days. Alcohol remains the number one drug of choice by our youth. On October 1<sup>st</sup> Governor Corzine signed into law a bill designed to encourage our youth to seek medical help for friends who are inebriated to the point of alcohol poisoning. Unfortunately, minors faced with a medical emergency as a result of excessive drinking often hesitate to call for help because they fear the risk of legal charges related to their underage possession and use of alcohol. This law encourages these minors to choose to save a life. **The 911 Lifeline law provides immunity from prosecution, on charges of underage possession or consumption of alcohol on public and private property, to certain underage youth.** The immunity is given to the first minor to call for medical assistance and up to two other minors assisting the intoxicated minor. The underage person who is receiving medical assistance is also immune from prosecution. **These individuals must provide their names to the 911 operator, remain on the scene, and fully cooperate with medical and law enforcement personnel.** “This law doesn't promote underage drinking. It promotes helping kids make the right decision...to seek medical attention that could save a life,” says Assemblywoman Mary Pat Angelini, co-sponsor of the legislation. As parents we need to continue to work to prevent these instances from occurring but if a child finds themselves in this dangerous situation we want them to choose to do the right thing by saving a life.

Presently there is a campaign by New Jersey Prevention Network to get the word out to the press, our parents, and teens. At Red Bank Regional High School this legislation is being introduced and discussed with each student in his or her health class. Please go to the front page of the boro website at [www.shrewsburyboro.com](http://www.shrewsburyboro.com) for more information about this legislation.

#### **(2) Heroin problem in New Jersey/Monmouth County**

- New Jersey has the purest heroin in the nation (72% purity level)
  - This means: more addictive, higher risk of overdose/death, can be snorted not injected
- DEA reports in 2008 N.J.'s 18-24 yr olds heroin use **twice the national average**
- Heroin is cheap and sells for \$7 a bag. Cheaper than prescription drugs, club drugs.
- Most street heroin is “cut” with other drugs and substances like quinine and strychnine.
- In 2008 Monmouth County had the second most admissions to substance abuse treatment facilities in the state (41% for heroin/opiates, 32% for alcohol).
- **\*Police arrests in Shrewsbury, Summer 2009 – Seizure of narcotics including heroin (see Message from Police)**

Please talk to your children about the dangers of all drugs. As parents we should all assume that our teens are exposed to a drug culture to some degree. Please educate yourselves that these drugs are readily available. Go over resistance skills with your children regularly. Go to [www.shrewsburyboro.com](http://www.shrewsburyboro.com) click ‘commissions’ to get to the Alliance web page where you can learn more about the dangers of heroin and other drugs. If you suspect your child is in need of help please refer to our Resource Guide on our web page or call the following numbers:

**If you are an RBR parent:** The Source Counseling Services (732) 842-8000 (x1341)

**Crisis resources:** NJ Addictions Hotline: (800) 225-0196, Mobile Response Team (877) 652-7624

#### **(3) Operation Medicine Cabinet – Nov. 14<sup>th</sup>**

A big thank you to our Shrewsbury residents for helping to rid their homes/medicine cabinets of unused, unwanted and expired prescription and over the counter drugs! **Over 25 lbs was collected by our local police department**, one of over 440 state-wide law enforcement agencies helping to spread the word about the dangers of prescription and OTC drug abuse. Our thanks to Chief John Wilson, Lt. Louis Ferraro and Officer Robert Turner of the Shrewsbury Police Department for their dedication to this cause. Over 9,000 lbs were collected in this first statewide event. Operation Medicine Cabinet was created to raise awareness that our medicine cabinets are a potential source for our young people to gain access to highly addictive and deadly drugs. Parents and grandparents, please regularly check your medications and store them in a safe spot away from potential abusers. Over 70% of prescription drug abusers get them from friends and relatives.

## ***Drug Alliance*** (continued)

**When unwanted, expired or unused drugs exist in your home please dispose of them safely.** A few medicines have special disposal directions allowing them to be flushed down the sink or toilet. These are medicines such as Oxycotin, Morphine, Demerol, and Percocet. The FDA allows these to be flushed because of the extreme toxicity if found/taken by our youth. **The general rule for disposal of all other medicines recommends the following so as not to contaminate our water supply:**

- (1) Pour medications into a sealable plastic bag. If in pill form, crush or add water to dissolve.
- (2) Add kitty litter, dirt, or coffee grounds to make the solution less appealing for pets or children
- (3) Seal the bag and put it in the trash.
- (4) Mark out all personal information on medicine containers before recycling or throwing them away.

Go to [www.smarxtdisposal.net](http://www.smarxtdisposal.net) for more information on proper disposal techniques. Please note that our Hazardous Waste Collection Site does not accept any drugs for disposal.

### (4) **Red Ribbon Week – Oct. 19-24**

“Drug Free the Healthy Way to Be”. Our 6<sup>th</sup> Annual RRW was a huge success! Our thanks to the SBS administration and faculty, members of the Shrewsbury First Aid Squad and Shrewsbury Police and Fire Depts. who helped us spread the message of the dangers of drugs and underage alcohol use. Congrats to our essay winners! They did a phenomenal job explaining what consequences deter them from using drugs/alcohol and what resistance skills they plan on using if they are ever faced with peer pressure. Our winners were: **6<sup>th</sup> Grade:** Colin Young, Devon Barnes, Sara Murphy; **7<sup>th</sup> Grade:** Mia Nelson, Matthew Cressen; **8<sup>th</sup> Grade:** Kelly Bonner, Corey Ott. Go to the Alliance web page on [www.shrewsburyboro.com](http://www.shrewsburyboro.com) to see some nice pictures of the week’s activities.

### **Upcoming events/Mark your calendar!!!**

**Thursday, March 25<sup>th</sup> :** 3<sup>rd</sup> Annual **“Surviving the Teen Years”** Parent Forum – 6:30 pm at RBRHS

\*New this year: **Keynote speaker: Dr. Raj Juneja**, a well-respected area psychiatrist, will be discussing “The Adolescent Brain: When do Adolescent Issues Warrant Medical/Therapeutic Intervention”.

\***Breakout sessions** to include the following topics: Trends in Adolescent Behavior (sexuality/ “hooking up”/ STD’s, depression); Current Substance Abuse Issues (Heroin, Prescription Drugs, alcohol); Internet Dangers (sexting, Youtube); How to Avoid being a “Helicopter” Parent; Law and Order – You and Your Adolescent (Host laws, what changes when they reach age 18).

Refreshments will be served. Free resource materials available on each subject. Call Karen @ (732) 450-9725 if you have any questions.

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## **A Message from the Police Department.**

As with all law enforcement across the country we are also seeing an increased presence of heroin within our borders. We recently became involved in an investigation into a narcotics distribution operation that was taking place within Shrewsbury. Because of the outstanding police work by the Officers involved, the three months of investigation came to an end with two raids, three arrests, and the seizure of narcotics, including heroin, and a loaded firearm. This is but one example of the types of investigations we become involved in.

The Shrewsbury Police Department remains committed to doing our best to keep our community drug free. We will stand on that thin blue line and guard against those who wish us harm and wish to spread the disease that is drugs within our community, but we can not do it alone. We need the help of the entire community. Please be our eyes and ears and report any information you have that may help us in our fight.

Shrewsbury Detective Bureau: 732-741-8682

Tell a Tip hotline: 732-741-8682

Email: [tellatip@shrewsburyboro.com](mailto:tellatip@shrewsburyboro.com)

Lt. Louis G. Ferraro, Shrewsbury Police Department, PO Box 221, Shrewsbury, NJ 07702

Telephone: 732-741-8682, NA 238

## ***Reminder to Borough Pet Owners!***

Dog and Cat License Renewals were mailed out in the beginning of January. Please remember to send these in as soon as possible. Late fees begin to accrue at \$5 per month beginning Feb. 1st. Rabies vaccinations need to cover your pet up to 11/1/2010 in order to process your renewal. Feel free to call (732) 741-4200 x109 if you have any questions. All dogs and cats in Shrewsbury must be registered with the Borough under Chapter 67.

**It is important to have Your Pet Vaccinated Against Rabies!** Pets can become infected with rabies through contact with rabid wild animals. This contact may be through a bite, scratch or transferred through an open wound by just brushing up against something containing the tainted saliva. Because of this, it is important that your dog or cat have up-to-date rabies vaccinations. Because a current trend in the United States indicates that there has been a higher incidence of rabies in cats than in dogs in recent years, rabies vaccination is especially important for cats. Cats left outdoors to roam have a greater chance of exposure to rabid animals, but even indoor cats should be vaccinated, as occasionally they may get out and/or wild animals, such as bats or raccoons, may get into houses through open doors, windows, or uncapped chimneys. You should get your pet vaccinated at a private veterinarian's office or at a free state/municipal-sponsored rabies clinic. For more information please visit: [http://www.state.nj.us/health/cd/f\\_rabies.htm](http://www.state.nj.us/health/cd/f_rabies.htm)

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### ***Check out the Environmental Commission's NEW PAGE on the BORO'S WEBSITE!***

**[www.shrewsburyboro/envcom.html](http://www.shrewsburyboro/envcom.html)**

It will be updated regularly with recycling information and seasonal information that will help you keep your carbon footprint down and the town green.

\*Department of Public Works / Recycling Center information and schedule of collection

\*Links: local and national links for reference

\*EC News updates

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#### **BATTERY DISPOSAL:**

**Household batteries should now be disposed of with regular household and commercial trash.**

As of October 15th, 2009, Monmouth County will no longer accept any household batteries (with the notable exception of all button batteries) from residents or municipalities at its Household Hazardous Waste Facility.

There were significant levels of heavy metals, present in household batteries. Toxic metals have been reduced or eliminated in these batteries over the past 10 years.

The only batteries the County will continue to accept are the small "button Batteries used in various electronic products.

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#### **EXPIRED AND UNUSED MEDICATIONS??? DO NOT FLUSH**

Flushing a few pills may be a convenient way to dispose of some extra prescription drugs, but those chemicals most likely end up right back in the bathroom sink.

[www.operationmedicinecabinetnj.com](http://www.operationmedicinecabinetnj.com)

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#### **STOPIDLING...and did you know that WARMING UP YOUR CAR will do MORE HARM THAN GOOD?**

Vehicle exhaust is the leading source of hazardous air pollution in our state and state law prohibits idling for longer than 3 minutes. When you're sitting in a line of idling vehicles, you and the baby and dog in the back seat are probably breathing in more pollutants than those outside because the air intake of your car is facing directly into the tailpipe of the idling vehicle in front of you. Many people have the outdated notion that warming up the engine is better for the car, but today's vehicles don't need warming up more than 30 seconds. In fact, idling can actually damage the engine because fuel residues can form, contaminating engine oil and damaging engine parts. Idling can also cause water to condense in the vehicle's exhaust.

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SAVE THE DATE...and your old electronics:

**APRIL 17TH, 2010:**

**4TH ANNUAL EARTH DAY EVENT/ ELECTRONICS RECYCLING EVENT**

## *Shrewsbury Borough School News*

December 11, 2009

Dear Parents, Guardians, and Community Members:

I would like to take this opportunity on behalf of the entire school to wish everyone in our community a very joyous holiday season and best wishes for a great New Year in 2010! We have so many things to be thankful for in Shrewsbury, and so many wonderful aspects of our educational program at SBS to celebrate as well.

- I would like to congratulate Mr. Clar, the SBS Band, and all of our students who were involved with the Tree Lighting Ceremony on December 5<sup>th</sup>. This was a great opportunity for all of our students to perform, to celebrate, and to be engaged in true community service. The SBS Band will also be performing at the Grove on December 12<sup>th</sup> at 1:00 PM and the Annual Holiday Concert on December 17<sup>th</sup> at 7:00 PM. Mr. Clar also has plans for several spring performances which we are excited to attend!
- In Mrs. Lugones' class, students learned about Christopher Columbus by retracing the famous explorer's footsteps, building replicas of his three famous ships, designing costumes from the period, and learning about map-making. Her class has also collected frozen dinners for the Ronald McDonald House in Long Branch to help the parents of children staying there during their children's surgeries and prolonged illnesses.
- The annual "Salute to Veteran's" Assembly was held on November 11<sup>th</sup> and was a true success. All of our veterans were treated to a wonderful breakfast and heart-felt appreciation for their patriotism and sacrifices for our country. This year we had almost fifty attendees, and look forward to honoring even more next year! Students also collected items which were sent directly overseas for U.S. Marines stationed in Iraq.
- SBS honored all our top readers at our annual "Readers Are Leaders" Assembly on November 17<sup>th</sup>. Sponsored by the Greater Red Bank Area Kiwanis Club, students are recognized for their high-achieving summer reading accomplishments. Mrs. Quinn, our very dedicated media specialist, coordinates the student reading logs and students are honored by having their names engraved on plaques that are displayed in the school's foyer, a pizza party, and for our top readers, individual plaques. We congratulate all of our readers, and thank the Red Bank Kiwanis for their continued support.
- The entire SBS community collected canned goods and turkeys for the Thanksgiving holiday which resulted in twenty-six baskets. These were donated to families in Red Bank and truly made Thanksgiving a day to be thankful for us all. Thanks to everyone who helped to make this a special event.

Please check the school website, [www.sbs.k12.nj.us](http://www.sbs.k12.nj.us), for more information and up-to-date school news and Back Pack Notices.

Best wishes to all for a happy and safe holiday season!

*Brent A. MacConnell, Superintendent*

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### *Message from your local Shrewsbury Board of Health*

The Shrewsbury Boy Scouts delivered a bulletin to all residence in Shrewsbury in November with some very important information on the H1N1 flu vaccine. Additional information can be obtained off of the Monmouth County Regional Health Commission web site: [www.MCRHC.org](http://www.MCRHC.org) or [www.flu.gov](http://www.flu.gov). It is recommended **not** to call the Monmouth County Regional Health Commission. The information provided on the web sites is the best way to receive the most up to date information. A big thanks to the boy scouts for a job well done for your community.

## MARK YOUR CALENDAR

### *Dates to Remember*

January 12	Shrewsbury First Aid - CPR Classes
January 13	2:00 Early Dismissal
January 18	School Closed for Martin Luther King, Jr. Day
January 19	Regular BOE Meeting, 8:00 PM
January 22	End of Marking Period 2; Algebra I Mid-Terms
January 25 <sup>th</sup> thru 27 <sup>th</sup>	Book Fair
February 2	Marking Period 2 Report Cards
February 2 <sup>nd</sup> thru 4 <sup>th</sup>	Parent Teacher Conferences
February 9	Shrewsbury First Aid - CPR Classes
February 12	No School for Students
February 15 <sup>th</sup> & 16 <sup>th</sup>	School Closed for President's Weekend
March 8 <sup>th</sup> thru 12 <sup>th</sup>	Theater Week
March 9	Shrewsbury First Aid - CPR Classes
March 25	3rd Annual "Surviving the Teen Years" 6:30 pm at RBRHS
April 17	4th Annual Earth Day Event & Electronics Recycling Event

## Eyes For The Needy

During the 4th quarter of 2009, Borough residents have donated an additional 26 pairs of glasses to the Eyes for the Needy for a total of 230 pairs of glasses. This is an ongoing project for the Borough so there is still time to bring your used glasses, old lenses, sunglasses or hearing aids to the 2<sup>nd</sup> floor of the Borough Hall and place them in our collection box. On behalf of the Borough employees, we would like to say thank you for all of your generous donations. We hope to continue this program throughout 2010 with the same response.



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